

Paladin Co-op Most Needed Items

Food:

- Pasta
- Pasta sauce
- Cups of macaroni and cheese
- Flavored rice envelopes/boxes
- Cereal
- Boxed flavored pasta kits
- Applesauce (individual)
- Ramen soup cups
- Fruit cups
- Flour
- Sugar
- Canned vegetables
- Soup
- Chili
- Minute Rice
- Cooking oil
- Muffin/biscuit mixes
- Cake/brownie mixes
- Peanut butter & jelly
- Snacks: crackers, granola bars, nuts, trail mix, beef jerky
- Vegetarian options

Drinks:

- Juice
- Protein shakes
- Hot cocoa
- Flavored water
- Shelf milk (alternative milks)

Other items:

- Socks
- Underwear
- Belts
- Feminine hygiene products
- Shampoo/conditioner
- Hair products
- African American specific hair products
- Body wash
- Deodorant
- Lotion
- Laundry detergent
- Dish soap
- Toothbrushes
- Toothpaste
- Toilet paper
- Sweatpants
- Sweatshirts (hoodies)
- Leggings
- Basketball shorts
- Large t-shirts
- New/like new athletic shoes

Amazon Wish List

[tinyurl.com/PaladinWishList](https://www.tinyurl.com/PaladinWishList)

Thank you for your support!

CareTeam@PCTHS.org

with any questions!